

# Adams County School District # 12

## K-8 BREAKFAST

Jul 3, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3  NO SCHOOL	Sep - 4  EGG AND CHEESE SANDWI UBR BY REQUEST ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 5  NUTRIGRAIN BAR & YOGURT UBR BY REQUEST ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 6  PANCAKE ON A STICK-PORK VARIETY UBR BY REQUEST WHEAT TOAST - 2 SLICES ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 7  UBR ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK
Sep - 10  BANANA CHOC CHUNK BENEFIT BAR UBR BY REQUEST ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 11  EGG AND CHEESE SANDWI UBR BY REQUEST ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 12  NUTRIGRAIN BAR & YOGURT UBR BY REQUEST ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 13  PANCAKE ON A STICK-IW TURKEY UBR BY REQUEST WHEAT TOAST - 2 SLICES ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 14  UBR ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK
Sep - 17  BANANA CHOC CHUNK BENEFIT BAR UBR BY REQUEST ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 18  EGG AND CHEESE SANDWI UBR BY REQUEST ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 19  NUTRIGRAIN BAR & YOGURT UBR BY REQUEST ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 20  PANCAKE ON A STICK-PORK VARIETY UBR BY REQUEST WHEAT TOAST - 2 SLICES ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 21  UBR ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK
Sep - 24  BANANA CHOC CHUNK BENEFIT BAR UBR BY REQUEST ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 25  EGG AND CHEESE SANDWI UBR BY REQUEST ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 26  NUTRIGRAIN BAR & YOGURT UBR BY REQUEST ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 27  PANCAKE ON A STICK-IW TURKEY UBR BY REQUEST WHEAT TOAST - 2 SLICES ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK	Sep - 28  UBR ASSORTED CEREAL ASSORTED FRUIT ASSORTED FRUIT 1% WHITE MILK CHOCOLATE MILK

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.